

Please check any of the following problems that pertain to you:

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Depression | <input type="checkbox"/> Fears | <input type="checkbox"/> Shyness |
| <input type="checkbox"/> Sexual Problems | <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Separation | <input type="checkbox"/> Divorce |
| <input type="checkbox"/> Finances | <input type="checkbox"/> Drug Use | <input type="checkbox"/> Alcohol Use | <input type="checkbox"/> Friends |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Self-Control | <input type="checkbox"/> Unhappiness | <input type="checkbox"/> Sleep |
| <input type="checkbox"/> Stress | <input type="checkbox"/> Work | <input type="checkbox"/> Relaxation | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Legal Matters | <input type="checkbox"/> Memory | <input type="checkbox"/> Ambition | <input type="checkbox"/> Energy |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Tiredness | <input type="checkbox"/> Making Decisions | <input type="checkbox"/> Loneliness |
| <input type="checkbox"/> Inferiority Feelings | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Education | <input type="checkbox"/> Career Choices |
| <input type="checkbox"/> Health Problems | <input type="checkbox"/> Temper | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Marriage |
| <input type="checkbox"/> Children | <input type="checkbox"/> Appetite | <input type="checkbox"/> Stomach Trouble | |
| <input type="checkbox"/> Bowel Troubles | <input type="checkbox"/> Being a Parent | <input type="checkbox"/> My Thoughts | |

HEALTH HISTORY

Primary Care Physician _____ Phone _____

Address _____

Date of last visit _____ Current Health Problems _____

List all current medications and dosages _____

Do you have any allergies? No Yes If yes, describe _____

In the past 2 weeks were your sleep patterns (Check one) Typical or Unusual
Check all that apply: Nightmares Insomnia Early morning waking Difficulty falling asleep Restless

In the past 2 weeks were your daily eating habits (Check one) Typical or Unusual
Check all that apply: 1-2 meals 2-3 meals snacks

Do you have any current or past eating disorders? No Yes If yes, explain _____

Are you presently experiencing emotions and/or moods that affect your day to day functioning?

(Check one) Never Seldom Often (6 times a year)

(Check all that apply) Anxiety Frustration Manic states Depression

COUNSELING HISTORY

Previous Psychiatric or Psychological Services: Yes No

Treatment Provider: _____ Phone: _____

Address: _____

Reason you were seeking care: _____

Treatment outcome: _____

List any support groups you attend _____

Is there a family history of (Check all that apply) ___ Alcoholism ___ Substance Abuse ___ Mental Illness

Has anyone in your family been treated for a psychiatric disorder? ___ No ___ Yes If yes, explain ___

DRUG/ALCOHOL HISTORY

Have you ever used alcohol and/or drugs to change or alter your behavior or mood? ___ No ___ Yes
If yes, explain: _____

Have you ever been charged with DWI/DUI? ___ No ___ Yes If yes, please explain _____

Complete the following for family members who use or have a history of alcohol/drug abuse

Family Member	Substance Used	Current Use (yes or no)	Treatment Received
_____	_____	_____	_____
_____	_____	_____	_____

FAMILY & SOCIAL HISTORY

FATHER: *Please answer questions as it was during your childhood*

Occupation _____ Highest Level of Education _____

Emotional Health ___ Good ___ Fair ___ Poor Physical Health ___ Good ___ Fair ___ Poor

Describe your father/child relationship _____

MOTHER: *Please answer questions as it was during your childhood*

Occupation _____ Highest Level of Education _____

Emotional Health ___ Good ___ Fair ___ Poor Physical Health ___ Good ___ Fair ___ Poor

Describe your mother/child relationship _____

With whom did you live during your childhood? _____ Where did you grow up _____

List brothers and sisters (including you) in birth order and give their current ages:

Describe your childhood (Check one) ___ Happy ___ Unhappy ___ Mixed

Explain _____

Describe your adolescence (Check one) ___ Happy ___ Unhappy ___ Mixed

Explain: _____

Were you abused? ___ No ___ Yes (Check all that apply) ___ physically ___ emotionally ___ verbally ___ sexually

EDUCATIONAL HISTORY

Indicate your highest level of education _____

Did you have difficulty in school? ___ Yes ___ No If yes, explain _____

Describe any specialized skills for which you have training, certification or licensure

VOCATIONAL STATUS

Describe your employment history for the past five years beginning with your current position

Employer	Position	Time in Job	Reason for leaving
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Describe any physical/emotional problems that prevent your being employed

JOB PERFORMANCE

Has your employer or supervisor ever expressed any of the following concerns to you? *(Check all that apply)*

- | | | |
|---|--|---|
| <input type="checkbox"/> Missing too much work | <input type="checkbox"/> Assigned tasks not completed | <input type="checkbox"/> Irresponsibility |
| <input type="checkbox"/> Poor/bad attitude | <input type="checkbox"/> Difficulty getting along with others | <input type="checkbox"/> Late too often |
| <input type="checkbox"/> Attitude/behavior change | <input type="checkbox"/> Difficulty getting along with supervisors | <input type="checkbox"/> Increased errors |

MILITARY HISTORY

Have you ever served in the military service? ___ No ___ Yes If yes when? From _____ To _____
Which branch _____ Rank at discharge _____

Did you ever serve in combat? ___ No ___ Yes If yes, describe _____

LEGAL HISTORY

Do you have any pending legal action? ___ No ___ Yes If yes, please explain _____

Are you currently on probation and/or parole? ___ No ___ Yes If yes, please explain _____

LEISURE, RECREATIONAL INTERESTS & HOBBIES

Would you consider your life as *(Check Yes or No for each area)*

- | | | | | | |
|------------------|------------------------------|-----------------------------|---------------------|------------------------------|-----------------------------|
| Work oriented | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Family oriented | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Self oriented | <input type="checkbox"/> Yes | <input type="checkbox"/> No | People oriented | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Leisure oriented | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Recreation oriented | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Activities you enjoy doing by yourself _____